

John Paul Marosy

A speaker who is warm and insightful, purposeful and practical



Finding the balance

An awesome wave of aging is bearing down on America, washing over every aspect of our lives, reaching into our homes and jobs.

The aging of America is driving a tremendous growth in family caregiving, where working-aged persons struggle to balance their job responsibilities with the responsibility of caring for an older relative. In fact, family caregivers provide over 80% of all the home care in the United States. Juggling responsibilities for raising a family, performing on the job, and caring for an older relative can be stressful. It can also be a richly rewarding experience; an opportunity to heal relationships and give back to an older loved one.

John Paul Marosy has helped countless organizations and individuals to understand and safely deal with the profoundly important issue of elder care. His presentations are warm and accessible,

drawing on his own rich experience as a caregiver to his father. But John Paul also taps his unique insights, which are based on more than 25 years in leadership positions in aging and health services. The result are presentations that inspire confidence; that provide listeners with the planning skills and practical tools they need to find their balance, so they can effectively manage both the business and the deeply personal aspects of caring for an elder loved one.

“John Paul Marosy was just fabulous to work with as our keynote speaker for the New Hampshire Conference on Aging. I especially appreciated that he spoke with area consumers and providers prior to the conference so that he could better understand our local needs. Conference participants benefitted by John Paul's enthusiasm and passion for caregiving. Having experienced it himself, John Paul knows that caregivers have a unique and important role to play in our society.”

— Sharon Kramer
Community Health Institute, Concord, N.H.

John Paul Marosy

John Paul Marosy is President of Bringing Elder Care Home, LLC, a consulting firm specializing in training, planning and management consulting for elder care/work balance.

Mr. Marosy earned his Masters Degree in Urban Affairs from Boston University and a Bachelor of Science in Urban Studies from Saint Peter's College, in Jersey City, New Jersey. He has contributed to the field of elder care as a Visiting Lecturer in the Gerontology Consortium Program, which includes Clark University, the College of the Holy Cross, Worcester State College and other institutions.

Mr. Marosy is an active member of the American Society on Aging and the Alliance for Work Life Progress. He is a past president of the Massachusetts Gerontology Association and a former board member of the National Family Caregivers Association.

Books by John Paul Marosy

Elder Care: A Six Step Guide to Balancing Work and Family (Winner: 2003 National Caregiver Friendly Award, *Today's Caregiver* magazine) – A concise, practical guide for every employee who is – or will be – caring for an older relative. An effective, inexpensive way for employers to address the elder care/work issue.

A Manager's Guide to Elder Care and Work – This book is directed to managers who want to understand and support employees who have elder care responsibilities at home.

Recent Keynote Speeches and Seminars

- New Hampshire Conference on Aging, "Family and Friends Circle of Support" Keynote – The Power of Caring: Transforming Our World
- Gulf Coast Regional Home Care Conference Keynote – Home Care 2035: The Boomer Connection
- Annual Conference of Catholic Social Services of Southwestern Ohio Keynote – The Power of Caring: How Family Care Is Transforming Our World Seminar – Elder Care and Work: Finding the Balance
- Annual Conference, National Preretirement Education Association Keynote – Elder Care and Work: Helping Pre-Retirees Find the Balance
- Area Agency on Aging of Capital Area Seminars – Elder Care and Employee Productivity: Win-Win Solutions; and Elder Care and Work: Finding the Balance



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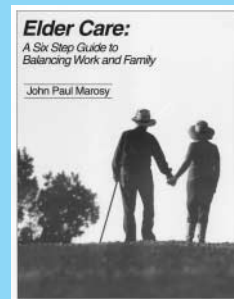
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This is the most comprehensive guide I've seen so far for the difficult issue of balancing elder care with work duties. It lays out realistic case histories in a way that managers and employees can relate to.

Author John Paul Marosy is a former family caregiver, and has also served as CEO of leading organizations in elder and home health care. He takes a pre-emptive approach to management intervention, proffering simple and elegant ways for managers to avoid, for example, the tension-related blowups that happen when employees are stressed.



He also suggests dialogues that put both managers and employees at ease when discussing what for most people is an intensely personal, family issue. He details how managers can collect resource information that empowers employees to make their own decisions and includes a list of national organizations.

This book should become a resource on every manager's shelf. It's one thing to strive to run a family friendly company and another to run such a company WELL. This book, if utilized properly, could save a lot of jobs and well being.

—Christina L. Pappas
Managing Editor Worcester
Business Journal, Worcester,
MA 4/14/99

